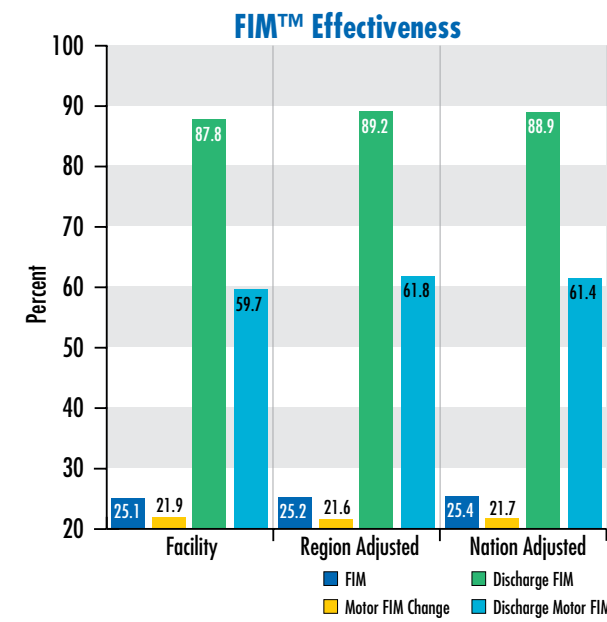
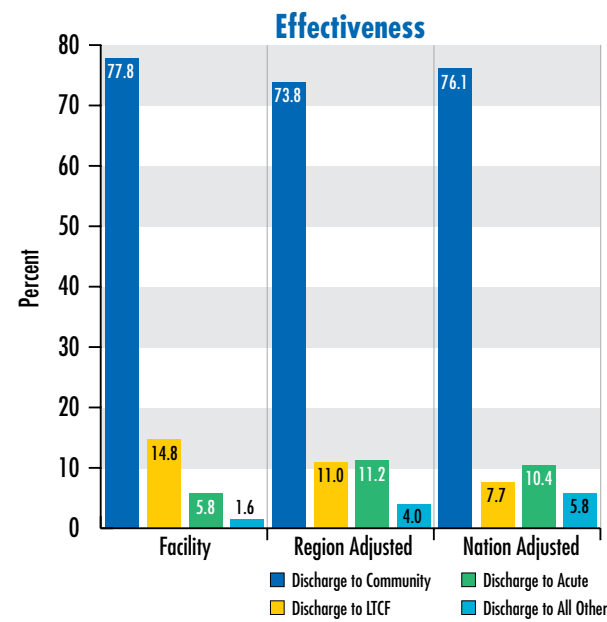
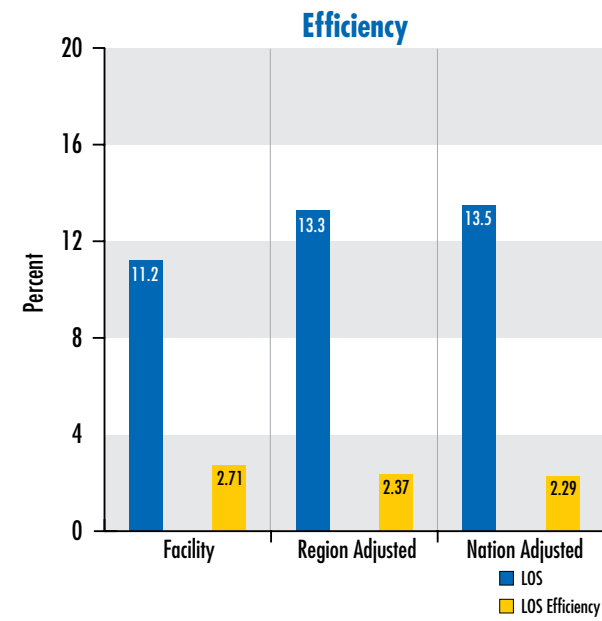


Inpatient Rehabilitation Outcomes

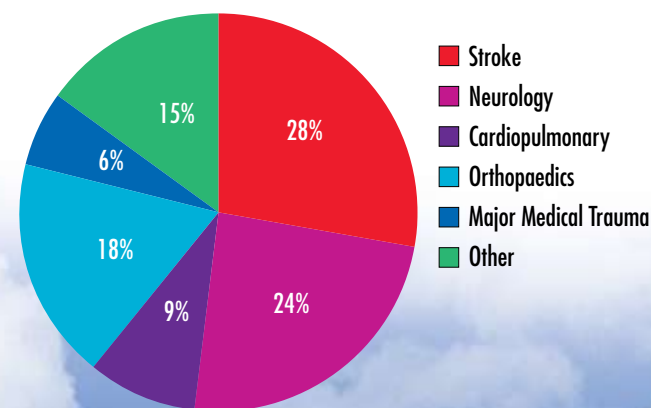
Rehab Metrics Report: Last Year (January 1, 2008–December 31, 2008)



Clinical Outcomes

Saint Francis' rehabilitation program achieves impressive results. Length of stay (LOS) is consistently less than regional and national measures, and overall Functional Independence Measure (FIM™) gains are greater than regional and national measures. Reflecting the caliber of the total rehabilitation experience at Saint Francis, patient satisfaction rates on average have exceeded 95 percent for the past year and a half.

Rehab Admission Diagnoses



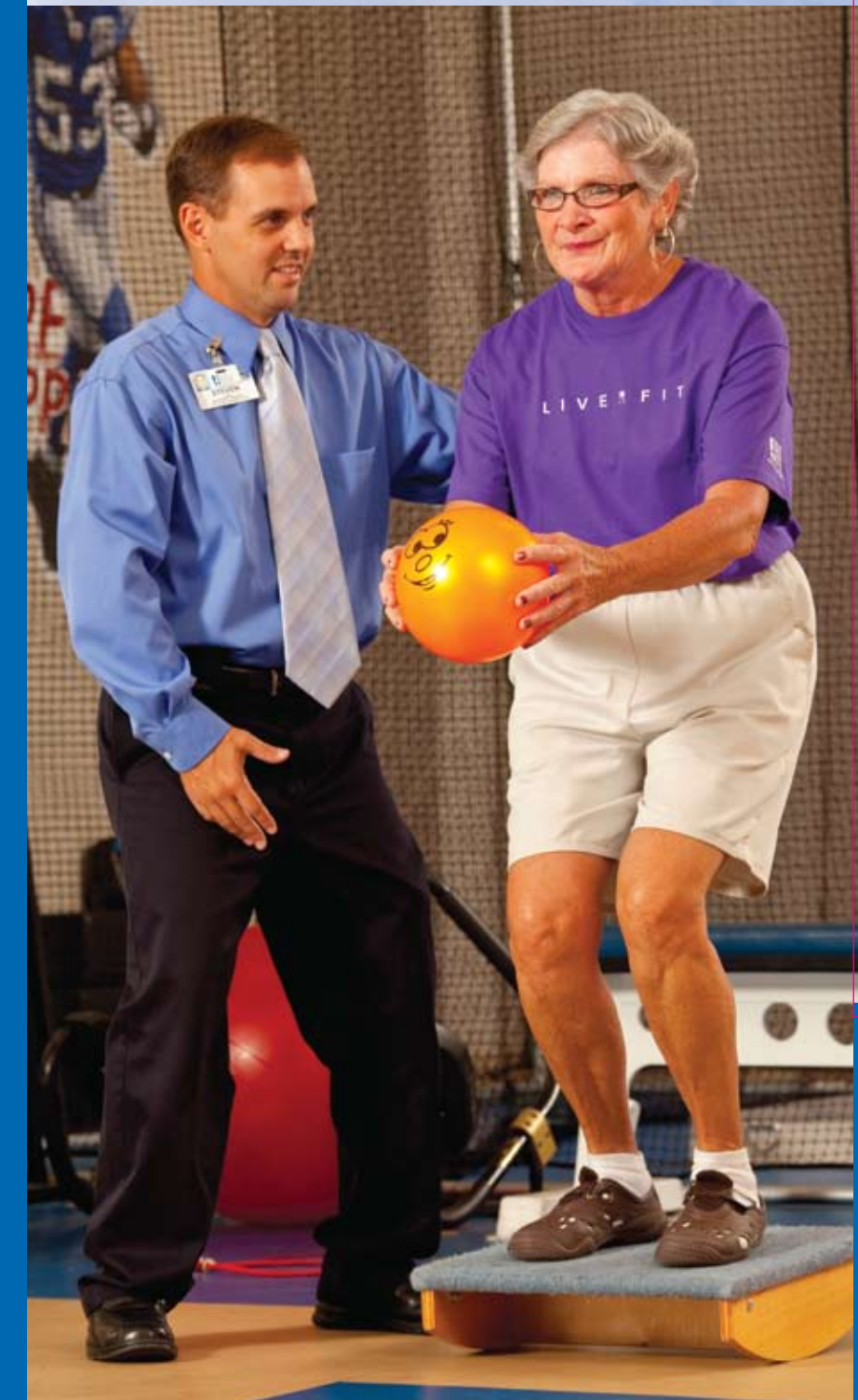
For more information about Saint Francis Rehabilitation Services, call:

Inpatient Rehabilitation Unit: 573-331-5811
 Outpatient Rehabilitation Services: 573-331-5153
 Psychology: 573-331-5980
 Sports Medicine: 573-331-5153
 Injury Screening Clinic: 573-331-5153



*Saint Francis
 Medical Center
 Rehabilitation
 Services
 2009 Report*

**SAINT FRANCIS
 MEDICAL CENTER**
 REHABILITATION SERVICES
Medicine to the Highest Power



REHAB SERVICES

As a leading provider of rehabilitation services between St. Louis and Memphis, Saint Francis Medical Center provides highly focused, comprehensive care with superior outcomes. The program includes a full continuum of inpatient and outpatient rehabilitation services — including orthopaedic, neurological and cardiovascular medicine — as well as specialized services in sports medicine.

Key Features

Distinguished by superior coordination and continuity of care, Saint Francis rehabilitation services are designed to maximize recovery and help patients regain functionality as quickly as possible. Benefits include:

- Multidisciplinary team approach by physicians, therapists, rehabilitation-trained nurses and other clinicians
- Continuous assessment of patient needs to maximize functional return
- High-level nurse staffing
- Ample access to therapy to optimize the recovery process
- State-of-the-art facilities, including a medically integrated fitness center with specialized equipment, group activities and a learning environment
- Patient and family education
- Comprehensive Inpatient Rehabilitation Unit, including a stroke, neurology and trauma program with a focused plan of care in a supportive setting
- Specially trained rehabilitation staff

Inpatient Rehabilitation Services

As a premier inpatient rehabilitation facility in the region, Saint Francis' state-of-the-art, 23-bed unit offers comprehensive and coordinated programs for patients with cognitive, physical, functional and behavioral deficits.

Services include:

- Hearing assessments
- Neuropsychology services
- Nutritional services
- Occupational therapy
- Physical therapy
- Recreational therapy
- Rehabilitation-trained nurses
- Respiratory therapy
- Social work
- Speech therapy

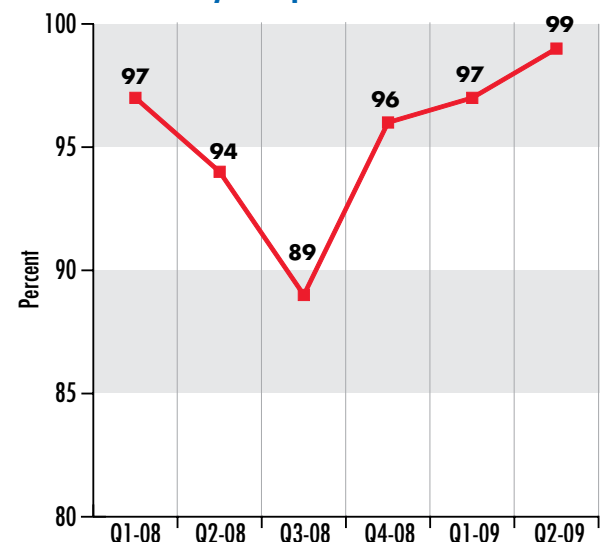


Bernard C. Burns III, DO

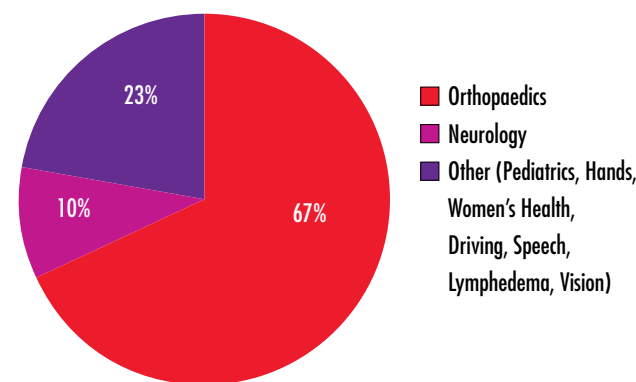


Medical director of Rehabilitation Services at Saint Francis, Burns is board certified by the American Board of Physical Medicine and Rehabilitation.

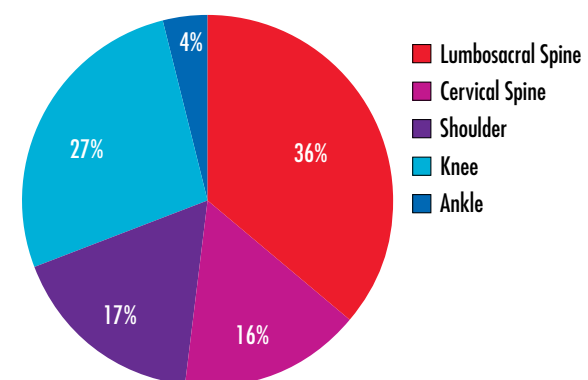
Press Ganey® Outpatient Patient Satisfaction



Outpatient Referral Patterns (April 1, 2008-March 31, 2009)



Major Outpatient Rehabilitation Categories



Outpatient Rehabilitation

Facilities

Saint Francis' Health and Wellness Center is the most comprehensive medically integrated rehabilitation facility in Southeast Missouri. It features Fitness Plus, a state-of-the-art fitness center offering vast rehabilitative resources for use during and after outpatient rehabilitation, including swimming pools for aquatic therapy. Physical therapists are located on-site for added support.

Services

Serving adults and children, Outpatient Rehabilitation Services offers a coordinated program for adults and children. Working together, members of our interdisciplinary treatment team develop individualized rehabilitation plans to improve health and promote maximum function. Services include:

- Aquatic therapy
- Back School
- Balance and fall prevention
- Driver evaluation/training
- Dysphagia therapy
- Hand therapy
- Hearing services
- Home Health
- Industrial rehabilitation
- Lymphedema management
- Neuropsychology services
- Occupational therapy
- Oncology rehabilitation
- Orthotics
- Pediatric rehabilitation
- Physical therapy
- Southeast Missouri Regional Arthritis Center
- Speech therapy
- Vestibular rehabilitation
- Women's health

Jimmy D. Bowen, MD, FAAPMR, CSCS



Bowen is the medical director of Sports Medicine at Saint Francis, a board certified physiatrist, a certified strength and conditioning specialist, and a team physician for Southeast Missouri State University. He earned his medical degree from the University of Missouri-Columbia and completed a residency at the Mayo School of Graduate Medical Education, Rochester, Minn.



Sports Medicine

Physical therapists, exercise therapists, certified athletic trainers, and strength and conditioning specialists at our Sports Medicine program address each athlete's condition and facilitate a safe and speedy return to athletic activity. Programs include:

- **Knee, Hip, Shoulder Clinic** – weekly walk-in clinic led by a board certified physiatrist
- **Athletic Training Outreach** – certified athletic trainers committed to preventing, identifying and managing sports-related injuries on and off the field
- **Fitness Plus** – nationally recognized, state-of-the-art medically integrated fitness facility with prevention, wellness and rehabilitation in one convenient location
- **Athletic Republic™** – athletic performance enhancement program to help the school or weekend athlete reach maximum potential
- **Coaches Clinic** – one-day symposium on the latest in sports training and rehabilitation
- **Free Injury Assessments** – screenings conducted by a physical therapist or certified athletic trainer regarding an injury or ailment

