



## Healthy Rewards Enrollment Makeover

- What's New?** Express Screenings are coming to an end! The final Express Screening will be held on Thursday, October 4, 2018. From this point forward, annual labs will be by **APPOINTMENT ONLY** at the Regional Lab.
- Why?** Convenience! You may now schedule your lab any time during your 3-month enrollment window. Regional Lab is open M-F from 7 am-5 pm. This allows 60 different dates for Regional Lab draws, instead of just the three Express Dates during your 3-month enrollment window.
- What's New?** You can combine one phone call for your Lab appointment and your Annual Healthy Rewards result appointment.
- Why?** Accuracy! One phone call to Scheduling (573-331-5111) will ensure that your lab appointment and Annual Healthy Rewards results appointment are efficiently spaced to meet your enrollment needs.
- What's New?** **MORE Points!** For completing your lab draw during the first month of your enrollment window (the month **BEFORE** your hire month), you will now receive 25 Wellness points.
- You can also earn **25 additional Wellness points** when you attend an Assessment Clinic to complete your “biometric” assessment (consisting of height, weight, BP and optional fitness testing). ***Assessment must be completed at least two days prior to your Annual Healthy Rewards review appointment.***
- For a schedule of Assessment Clinics, see below.
- Why?** Efficiency! Early completion of your assessment help your Annual review process go more smoothly.
- What's New?** Healthy Rewards “walk-in” Assessment Clinics will be held in the Health & Wellness Center: on the first Wednesday of each month from 7-10 am (during Heart & Health community screenings) in the St. Martha Conference room; and on the last Thursday of each month from 3-4 pm in the Wellness offices (2nd floor). ***All Assessment clinics will be first-come-first-served! No appointment is necessary to participate.***
- Why?** Options! Wellness knows our colleagues are busy. Options for early completion of your assessment help both you and us to create a seamless process for enrollment.