

2023 Healthy Rewards Annual Enrollment Instructions for Current (2022) Participants

Eligibility: All full time and part time colleagues and their spouses who will be enrolled in Saint Francis Healthcare System health insurance in calendar year 2023 are eligible to enroll in Healthy Rewards.



Current Participants on the Chronic Track – If your monthly exercise goal is 100K steps/600 minutes per month, you are on a chronic care track.

1. During Open Enrollment for Saint Francis medical benefits, select “YES” for Healthy Rewards in your benefit options to ensure you receive the Level 1- \$5 reimbursement - each month starting in January 2023.
2. To receive the Level 2 - an additional \$5 reimbursement – schedule your annual preventive exam with your primary care provider and have him/her submit an Ambulatory Referral to Healthy Rewards. This exam includes a Lipid panel and Type 2 Diabetes Screening. Anthem covers one preventive exam every calendar year*.
 - If your Primary Care Provider is a Saint Francis Medical Partner, encourage your provider to submit your Healthy Rewards Referral (formerly Health Visit Form) through EPIC during your exam. This is much easier for you and your provider.
 - If your Primary Care Provider is a non-Saint Francis Medical Partner, you will need to print off the [Healthy Rewards Referral Form](#) and have your provider fax the form (573-331-5056).

Once your Ambulatory Healthy Rewards Referral is submitted to Healthy Rewards, you will receive an email confirmation within 5 business days ensuring your reenrollment. The reimbursement doesn't begin until email confirmation of the referral is received. The Ambulatory Referral must be submitted prior to December 31, 2022 to receive the Level 2 reimbursement beginning in January 2023. The Ambulatory Referral must be received by Healthy Rewards no later than February 28, 2023. If your referral is not received between September 1, 2022 and February 28, 2023, you will not be eligible to participate in the Level 3 (10%/20% monthly) portion of the Healthy Rewards program until 2024.

Current Participants on the Preventive Track – If your monthly exercise goal is 150K steps/900 minutes per month, you are on a preventive track.

1. During Open Enrollment for our medical benefits, select “YES” for Healthy Rewards in your benefit options to ensure you receive the Level 1- \$5 reimbursement- each month starting in January. You will be required to complete your online Annual Health Assessment (AHA) by **January 31, 2023** to continue to receive the reimbursement all year.
2. To receive the Level 2 - an additional \$5 reimbursement – please check your ManageWell app to see if you are due for an annual preventive exam. If this is your year to obtain a new physical, please schedule your annual preventive exam with your primary care provider and have them submit an Ambulatory Healthy Rewards Referral. This exam includes a Lipid panel and Type 2 Diabetes Screening.
 - If your Primary Care Practitioner is a Saint Francis Medical Partner, encourage your provider to submit your Healthy Rewards Referral (formerly Health Visit Form) through EPIC during your exam. This is much easier for you and your provider.
 - If your Primary Care Practitioner is a non-Saint Francis Medical Partner, you will need to print off the [Healthy Rewards Referral Form](#) and have your provider fax (573-331-5056) the form.

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Annual preventive exams are only required every other year of participation in Healthy Rewards. However, an annual preventive exam is covered by your Saint Francis health insurance each calendar year, and you are encouraged to take advantage of it. If you are not required to complete your annual preventive exam for Healthy Rewards this year, you will continue to be enrolled in Healthy Rewards for 2023. Continue to check ManageWell for requirements to earn your insurance premium reimbursement monthly.